



Republic of the Philippines
Department of Education
Cordillera Administrative Region
Schools Division of Benguet

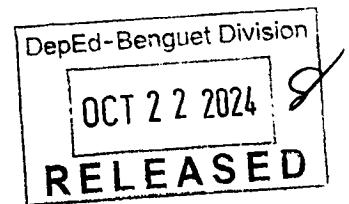
21 October 2024

DIVISION MEMORANDUM

No. 392s. 2024

**PSYCHOLOGICAL FIRST AID (PFA) TRAINING OF
RED CROSS YOUTH (RCY) ADVISERS/IN-CHARGE**

TO: Curriculum Implementation Division
PSDSs/PSDIs
School Heads
All others concerned



1. In observance of the World Mental Health Month, the Philippine Red Cross – Benguet Chapter, in partnership with SDO Benguet, will conduct a Psychological First Aid (PFA) training for Red Cross Youth Advisers/In-charge.
2. This activity aims to equip RCY advisers with essential PFA skills, empowering them to support their RCY members and other learners experiencing emotional distress, foster a culture of mental health awareness, and establish peer-support systems within Red Cross Communities.
3. In line with this, the school personnel identified in **Enclosure 1** are advised to attend the said activity. This memo will also serve as the authority to travel on official business of the identified participants.
4. The schedule of the activity are as follows:

Date	Venue
October 26, 2024	Calajo Restaurant
November 9, 2024	Puguis Communal Forest

5. Meals and snacks are charged to Philippine Red Cross – Benguet Chapter fund, while travel expenses and other incidental expenses of participants shall be charged against local funds, subject to the usual accounting and auditing rules and regulations.
6. For more information, please contact Oscar G. Paris, Chapter Administrator, at benguet@redcross.org.ph or via his cellphone number: **09189592005**.



Address: Wangal, La Trinidad, Benguet
Telephone Number: (074) 422-6570
Email: benguet@deped.gov.ph
Facebook Page: DepEd Tayo Benguet





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7. For dissemination and compliance.

ESTELA P. LEON-CARIÑO, EdD, CESO III
Regional Director and
Concurrent Officer In-charge
Office of the Schools Division Superintendent

SGOD/LBA/YF



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Enclosure No. 1 to SDO Memorandum No. 392-s. 2024

LIST OF PARTICIPANTS

Name	School	District
Crizelda S. Depaynos	Atok National High School	Atok
Mary Ann A. Santos	Atok National High School	Atok
Shiela N. Aniban	Boslang Elementary School	Atok
Jasmin P. Molina	Cagui-ing Integrated School	Atok
Charlene A. Bugtong	Copcopit Elementary School	Bakun
Jacqueline B. Bagano	Copcopit Elementary School	Bakun
Roxanne K. Bisley	Sinacbat National High School	Bakun
Edelberta A. Gabuyo	Ambangeg National High School	Bokod
Christine Joy E. Diaz	Bangao National High School	Buguias
Milagros P. Binwag	Bangao National High School	Buguias
Donna P. Balisto	Sagandoy Integrated School	Buguias
Jennifer Pakipac	Acupan Elementary School	Itogon II
Jeona C. Agno	Acupan Elementary School	Itogon II
Cynthia A. Cawayan	Virac Integrated School	Itogon II
Abegail S. Metwa	Madaymen National High School	Kibungan
Caroline Shontogan	Madaymen National High School	Kibungan
Davlene L. Hangdaan	Ambiong National High School	La Trinidad
Evelyn T. Meloy	Ambiong National High School	La Trinidad
Gretchen O. Simeon	Cordillera Regional Science High School	La Trinidad
Edeliza A. Demot	Don Pulas Elementary School	La Trinidad
Agosia L. Gumpa-ic	Am-am Elementary School	Mankayan
Melannie D. Innen	Am-am Elementary School	Mankayan
Rackel P. Cabalan	Balili Elementary School	Mankayan
Justine D. Laosi	Balili National High School	Mankayan
Marife B. Mang-usan	Bato Elementary School	Mankayan
Jovelyn O. Bungag	Bedbed National High School	Mankayan
Joy B. Cuyangoan	Bedbed National High School	Mankayan
Miriam B. Bagayao	Bedbed National High School	Mankayan
Janet B. Beniasan	Bulalacao Elementary School	Mankayan
Melba B. Sakiwat	Bulalacao National High School	Mankayan
Lily L. Landisan	Cabiten National High School	Mankayan
Alicia A. Anasan	Ca-ew Elementary School	Mankayan



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Jennylyn B. Walang	Ca-ew Elementary School	Mankayan
Jennifer L. Bulsao	Camanpaguey Integrated School	Mankayan
Eden O. Dalog	Guinaoang Elementary School	Mankayan
Joy P. Gadiyok	Guinaoang Elementary School	Mankayan
Wilbert B. Wanas	Guinaoang National High School	Mankayan
Jocelyn P. Dumalti	Guiweng Elementary School	Mankayan
Aiza G. Pasadillo	Lap-angan Elementary School	Mankayan
Erlinda L. Tamaken	Lap-angan Elementary School	Mankayan
Mercy Joy S. Domyong	Lap-angan Elementary School	Mankayan
Shirley S. Dadecao	Lap-angan Elementary School	Mankayan
Sharon C. Lamagan	Lepanto Elementary School	Mankayan
Wayford T. Sab-it	Lepanto National High School	Mankayan
Liezl G. Bacwaden	Marivic Elementary School	Mankayan
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Andrea B. Dante	Mogao Integrated School	Mankayan
Jessa G. Bognalen	Mogao Integrated School	Mankayan
Stephany Apa-an	Pacda Elementary School	Mankayan
Mayline S. Dulinen	Paco Elementary School	Mankayan
Luzviminda P. Sanu-an	Palatong Elementary School	Mankayan
Aurora S. Dokipen	Sapid Elementary School	Mankayan
Dan P. Omaney	Suyoc Elementary School	Mankayan
Mary Luz L. Ticong	Sablan National High School	Sablan
Richelle Ann G. Ngawa	Besong Saddle Elementary School	Tuba
Cyrene P. Baiwo	Camp 6 Elementary School	Tuba
Smith O. Liclicked	Evelio Javier Memorial National High School	Tuba
Julie Osting	Kabuyao Elementary School	Tuba
Rodolfo Casem Jr.	Kiwas Integrated School	Tuba
Esmeraldine Kinahingan	Ligay Elementary School	Tuba
Cherry S. Atin-an	Lubas Elementary School	Tuba
Christine Joy B. Alicnas	Marcelo Marquez National High School	Tuba
Noralyn F. Pagaduan	Nangalisan Elementary School	Tuba
Elvie S. Tuabas	Paran Laruan Elementary School	Tuba
Teresita S. Dolo	Paran Laruan Elementary School	Tuba
Irene B. Esteban	Piminggan Elementary School	Tuba
Jeffaben N. Lonogan	Saguitlang Integrated School	Tuba

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Jenelyn O. Narciso	Salpang Elementary School	Tuba
Riza Leigh L. Sagsakho	San Pascual Elementary School	Tuba
Irish Nica T. Valdez	Sioco Carino Elementary School	Tuba
Marlon Miguel	Taloy Norte Elementary School	Tuba
Ruby Ada Payang	Tuba Central National High School	Tuba
Jufalyn P. Lasangen	Tuba central school	Tuba
Thomas Dacawe	Tuba National High School	Tuba
Bernalyn L. Hidalgo	Twin Peaks National High School	Tuba
Inocencia O. Cabat	Yagyagan Elementary School	Tuba

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